



IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant : VISCOUNT  
Appl. No. : 10/659,429  
Filed : 9/11/2003  
Title : WEIGHT LIFTING APPARATUS

Grp./A.U. : 3764  
Examiner : Mathew, Fenn

Docket No.: 14434

Honorable Assistant Commissioner of Patents  
Alexandria, VA 22313-1450

Sir:

RESPONSE TO RESTRICTION REQUIREMENT

In response to the Restriction Requirement mailed June 5, 2006, applicant responds as follows.

**An election** of claims is set forth beginning at page 2 of this response.

**Amendments to the claims** begin on page 3.

**Remarks** begin at page 8 of this response.

Appl. No. 10/659,429

### **Election**

Applicant hereby elects Group I, including claims 1-15 for purposes of continued examination on the merits. This election is made without traverse subject to applicant's rights to file a divisional application with respect to the non-elected claims.